

About Dan Prinsloo

Mr Dan Prinsloo is a Cosmetic and Reconstructive Plastic Surgeon serving North Staffordshire and Shropshire.

He first qualified in 1987 as a Medical Doctor at the University of Pretoria, South Africa, where he graduated as a Bachelor of Medicine/Bachelor of Surgery (MBChB). He was always interested in plastic and reconstructive surgery and had extensive exposure to surgical procedures even as a junior doctor. In 1989, he joined the extensive training programme in plastic and reconstructive surgery at the University of Pretoria.

He qualified as a Plastic Surgeon in 1995 after completing his Master's degree in Plastic and Reconstructive Surgery (MMed Plast Surg). In the same year, he also achieved the distinction of becoming a fellow of the Royal College of Surgeons of South Africa (FCS Plast (SA)).

Further training and experience

Mr Prinsloo was appointed as Consultant Plastic Surgeon within the NHS in South Africa (Pretoria) in 1996. He decided to gain further specialised training and experience by undertaking fellowships in some of the best plastic surgery units in the world. He received further extensive training in Taipei (Taiwan), Tokyo (Japan) and Glasgow (Scotland). He then returned to South Africa to continue his work as a consultant within the NHS as well as working as a private Cosmetic Surgeon. He moved to the UK in 1998 and in 1999 was appointed as Consultant Plastic Surgeon within the NHS in North Staffordshire (Newcastle-under-Lyme) and Shropshire (Shrewsbury).

Expertise and special interests

Mr Prinsloo is an experienced breast surgeon and performs mainly reconstructive breast surgery within the NHS. He also provides a service in specialised head and neck skin cancer surgery, limb reconstruction and general plastic surgery.



Mr. Dan Prinsloo

Other Cosmetic Procedures include:

- Breast Reduction/Uplift
- Face/Neck Lift
- Eyelid Reduction
- Nose Reshaping
- Ear Reshaping
- Tummy Tuck
- Liposuction
- Mole Removal



to book your consultation call us on
0844 800 4480
or visit our website
www.prinsloo-surgery.co.uk

Consulting Rooms

Newcastle-under-Lyme
Shrewsbury

GMC Specialist Register
Member of British Association of Plastic
Reconstructive and Aesthetic Surgeons

DISCLAIMER:

This leaflet is provided for general information only and is not a substitute for a professional consultation with Mr. Prinsloo.

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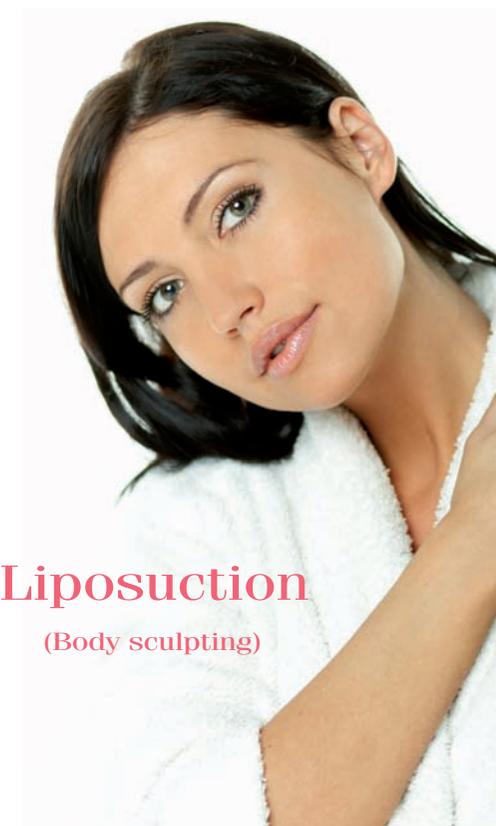
Liposuction

Cosmetic Surgery

CONSULTANT PLASTIC &
RECONSTRUCTIVE SURGEON

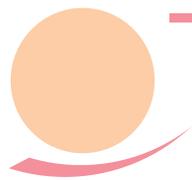
Mr. Dan Prinsloo

MBChB, MMed(Plast)FCS(Plast)



Liposuction

(Body sculpting)



Liposuction

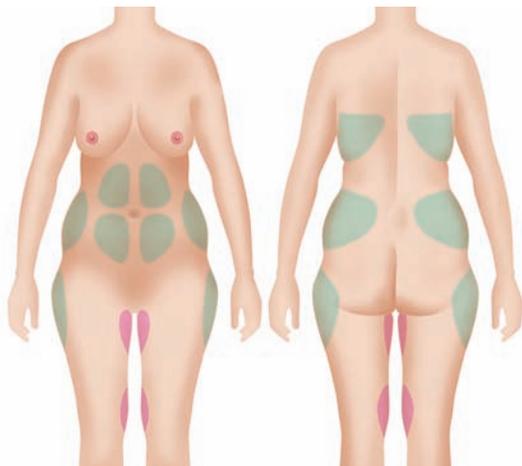
(Body sculpting)

Description

Body sculpting through removal of fat from different areas of the body. It is a contouring procedure and is not intended for weight control.

Who are candidates?

People of normal weight with localised areas of excess fat deposits around the hips, abdomen, outer and inner thighs, inner knees and buttocks.



How is it done?

- Small incisions are made around areas to be treated
- A suction tube (cannula) is introduced through the skin into the fat deposits
- Fat is removed with suction generated by a vacuum pump

Length of surgery

From 1½ - 2 hours

Hospital stay

Overnight stay

Anaesthesia

General anaesthetic

Time to heal

- Pain and discomfort for 1 week
- Return to work in 1-2 weeks
- A pressure garment must be worn for 4-6 weeks
- Swelling and bruising settle down after 4-6 weeks

Risks

Risks are rare but may include:

- Bleeding, haematoma (blood clot), infection, scarring, numbness, lumpiness at the site of liposuction and reaction to the anaesthetic (DVT, PE and chest infection)

Duration of results

Noticeable improvement in the first few weeks, but continued improvement for 6-12 months post-surgery as swelling decreases. Results must be maintained with proper diet and exercise (muscle toning).

Pro's

- Body contouring with minimal scarring

Con's

- Fat cells have been removed forever but can expand if you gain weight after surgery
- Liposuction cannot prevent weight gain, nor is it a treatment for cellulite
- There is a limit to the volume of fat that can be safely removed

Answers to myths

- Liposuction is not a way of losing weight
- There are forgiving and non-forgiving areas of fat in the body
- Not all the areas will respond equally well to treatment
- The body will not deposit fat in other areas to compensate for the volume of fat removed